

*Meditations in preparation for the Solemnity of St. Joseph
Institute Servants of the Lord and the Virgin of Matará*

Meditation Day 14 (March 2)

“Joseph most Chaste”

Pray for us.

“The chastity of Saint Joseph will shine before the world forever- the just man and most excellent Guardian of the Virgin who preserved his chastity in the most admirable way. For love of God alone, he abandoned the idea of carnal matrimony and united himself to his beloved spouse Mary with a love more profound and spiritual.”¹

Saint Joseph was the Guardian of Christ Jesus, and true husband of the purest creature, Mary, Mother of God. He was adorned with such purity that the Lord entrusted him with his greatest treasures.

The world needs people whom love as St. Joseph loved the Blessed Virgin Mary.

Saint Joseph is the model of purity and we can turn to him to help us preserve it. It is a grace that must be requested. Let us ask our beloved Saint Joseph to have a pure heart like him.

Do we encourage ourselves to be pure in thoughts, words and deeds?

There are several means that we can use to help us preserve our purity:

1. Flee from leisure.
2. Flee from bad company and places that may endanger this beautiful virtue.
3. Protect the viewing of all types of videos, magazines that go against purity.
(For example, pornography)
4. Have a great devotion to the Most Holy Virgin Mary.
5. Frequent the sacraments of confession and Holy Communion.

Saint Joseph is the model of a man with a pure heart that our society needs.

Let us ask St. Joseph the grace to grow in this beautiful virtue, so that we may one day contemplate the face of God.

¹ Saint Joseph and the Servants of the Lord, *Second edition* pg. 56