

*Meditations in preparation for the Solemnity of St. Joseph
Institute Servants of the Lord and the Virign of Matará*

Meditation of Day 19 (March 7)

"Mirror of Patience"

Pray for us.

The virtue of patience is a virtue that helps us to endure with joy, peace and constancy, the evils of life for love of God. It is necessary to reach heaven. Due to the existence of sin, patience is a virtue that we must learn to practice.

In the life of St. Joseph there were many sorrows, but he suffered with peace, joy and complete resignation to the will of God.

We can reflect: How many times in the face of minor setbacks do we get impatient? Do we lose peace? And even joy?

Let us imitate Saint Joseph in this great virtue and we will achieve great peace and interior joy. Let us ask him for this grace.