

*Meditations in preparation for the Solemnity of St. Joseph  
Institute Servants of the Lord and the Virgin of Matará*

**Meditation of Day 3 (February 20)**

*“God the Son, Redeemer of the World”*

*Have mercy on us.*

*The center of our life must be Jesus Christ, true God and true man, who unites both natures in His one, unique, divine person; for in truth we profess that the **Word became flesh** (Jn 1:14), and He is the one **mediator** between God and men (1 Tm 2:5), and that He is the only one who has the words of eternal life.<sup>12</sup>*

*Jesus Christ is the way to go to the Father and no one goes to the Father except through*

*Him. <sup>3</sup>There is no salvation through anyone else, nor is there any other name under heaven given to the human race by which we are to be saved.” (Acts 4, 12).<sup>4</sup>*

*“God was never so close to man and man was never as close to God as precisely at that moment: at the moment of the mystery of the Incarnation. <sup>5</sup><sup>6</sup>*

*We can see that Saint Joseph is together with Mary, the first depository of this mystery. He participates in this culminating phase of God's self-revelation in Christ with Mary and also in relation to Mary, and participates from the first moment.<sup>7</sup>*

*How do we live the Mystery of the Incarnation?*

*Is Jesus Christ the center of our lives?*

*Do we feel close to God, just as Mary and Joseph were?*

*May we grow in union with our Lord Jesus Christ through St. Joseph?*

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<sup>1</sup> Cf. Jn 6:68

<sup>2</sup> Constitutions, 12

<sup>3</sup> Cf. Jn 15:5

<sup>4</sup> Constitutions, 12

<sup>5</sup> John Paul II, Sunday Address (September 6, 1981) 1; or (September 13, 1981) p.1 in Spanish Edition

<sup>6</sup> Constitutions, 40

<sup>7</sup> Cf. St. John Paul II, Apostolic Exhortation *Redemptoris Custos*, August 15 1989, n.5