

*Meditations in preparation for the Solemnity of St. Joseph  
Institute Servants of the Lord and the Virgin of Matará*

**Meditation on Day 5 (February 22)**

*"Holy Trinity one God"*

*Have mercy on us.*

*“Now the natural person does not accept what pertains to the Spirit of God, for to him it is foolishness, and he cannot understand it, because it is judged spiritually.*

*The spiritual person, however, can judge everything but is not subject to judgment by anyone. For “who has known the mind of the Lord, so as to counsel him?” But we have the mind of Christ”<sup>1</sup>*

*It will not be out of place to consider the ancient tradition, teaching and faith of the Catholic Church, which was revealed by the Lord, proclaimed by the apostles and guarded by the fathers. For upon this faith the Church is built, and if anyone were to lapse from it, he would no longer be a Christian either in fact or in name.<sup>2</sup>*

*We acknowledge the Trinity, holy and perfect, to consist of the Father, the Son and the Holy Spirit. (...)Accordingly, in the Church, one God is preached, one God who is above all things and through all things and in all things. God is above all things as Father, for he is principle and source; he is through all things through the Word; and he is in all things in the Holy Spirit. (...)<sup>3</sup>*

*For grace and the gift of the Trinity are given by the Father through the Son in the Holy Spirit. Just as grace is given from the Father through the Son, so there could be no communication of the gift to us except in the Holy Spirit, but when we share in the Spirit, we possess the love of the Father, the grace of the Son and the fellowship of the Spirit himself.<sup>4</sup>*

*We can never understand nor know everything about God, since "God would not be God if we He would be understood."<sup>5</sup> said St. Augustine.*

We can reflect:

Do I put the means to deepen my knowledge of the Catholic faith?

Do I remain indifferent and ignorant of the truths of the catechism to avoid compromising or changing my life?

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<sup>1</sup> From the first letter of the Apostle Paul to the Corinthians, the great mystery of the plans of God, 1 Cor 2:14. From the First Letter of the Divine Office for the Solemnity of the Holy Trinity

<sup>2</sup> From the Letters of St. Athanasius, Bishop, Letter 1 to Seraphion 28-30 pg.26, 584- 595, 599 (in Spanish Edition), Divine Office of the Solemnity of the Holy Trinity

<sup>3</sup> Ibidem

<sup>4</sup> Ibidem

<sup>5</sup> St. Augustine, Sermon 52, 6, 16 PLXXXVIII, 360 Citation from Fr.Buela in the book *Servidoras* Volume III “God is where you least expect to find Him.” pg162, edition 2010

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Do I bear witness to my Catholic faith at work, school, university, home or do I simply remain silent to avoid being rejected?

May St. Joseph grant us the grace to have strength to be able to bear witness to God in every place where I am when circumstances arise, despite having to be rejected.